



ANNUAL REPORT 2022

Acknowledgement of country

Canteen acknowledges Aboriginal and Torres Strait Islander peoples as Australia's First Peoples and sovereign Custodians of this land. We pay our respects to Elders past, present and emerging. We are committed to providing inclusive and appropriate support for First Nations young people, their kin and community impacted by cancer. First Nations peoples are respectfully advised this resource may contain images, names or stories of people who have passed away.



Message from the CEO



My name is Peter and I am the CEO of Canteen.

Canteen is Australia's leading youth cancer charity providing individually tailored support to young people and families impacted by cancer. When cancer crashes into a young person's world, we're in their corner with whatever support they need.

This year we have directly supported almost six and a half thousand young people and parents impacted by cancer. We also helped more than 46,000 people in the wider community through our education programs and free resources.

Our evidence-based approach makes a tangible difference. Without support, young people impacted by cancer are up to six times more likely to face mental health issues like anxiety or depression than their peers. After just six months of support from Canteen, almost two thirds of young people report improvements in their mental health and overall wellbeing.

For every \$1 invested in Canteen programs, we return \$5.46 in social value to the Australian community.



Canteen's former young Board Director, **Sean Dondas**, went from strength to strength this year and in November he was awarded the title of ACT's Young Australian of the Year.



We would also like to celebrate **Kathryn Woodward** – a young cancer survivor, deputy Chair of the Board and now a Doctor of Medicine. She has had an impressive year, being awarded a prestigious 2022 Australia-At-Large Rhodes Scholarship. She will use the opportunity to study at Oxford University at the end of 2022.

In 2021/22 Canteen directly supported **6,468** young people and parents impacted by cancer.



3,614 young people were supported by our counsellors and specialist staff or through our online community Canteen Connect.



1,571 young cancer patients were supported through the hospital-based Youth Cancer Services or accessed a clinical trial.



1,283 parents were supported by our counsellors and specialist staff or through our online community Parenting through Cancer.



Canteen also supported **46,016** people in the wider community through our education programs and free resources.



Achievements and performance

Services and Programs

12,000

counselling & support sessions were provided to help young people & parents cope with the impact of cancer.

1,196

young people impacted by cancer were able to connect with others in similar situations across 121 Canteen events and programs.

Amidst the challenges of COVID-19

24/7

vital connection and support for young people and parents were provided through our online communities Canteen Connect and Parenting through Cancer

57,596

interactions on Canteen Connect

3,085

interactions on Parenting through Cancer

Research & Advocacy

132 young people

accessed an existing clinical trial with the support of their Youth Cancer Services team.

19 young cancer patients

used a Canteen Robot to remotely attend school and stay in touch with friends and family.

Canteen has published research publications on the PEER camp, Canteen Connect and Good Grief camp

Evaluation of: [PEER camp](#) • [Canteen Connect](#) • [Good Grief camp](#)

208 young cancer patients

accessed Canteen's Education and Career Support Service to stay connected to study or work both during and after their cancer treatment.

Measures and tools

we've developed to better support young people impacted by cancer here in Australia are also being used in countries such as Singapore, South Africa and Sweden.

Researchers from around the world now increasingly look to Canteen for leadership and expertise when it comes to understanding the needs of young people impacted by cancer.



Canteen's research team published 19 journal articles this year. Other researchers around the world cited our research 464 times, a 72% increase compared to the year before.



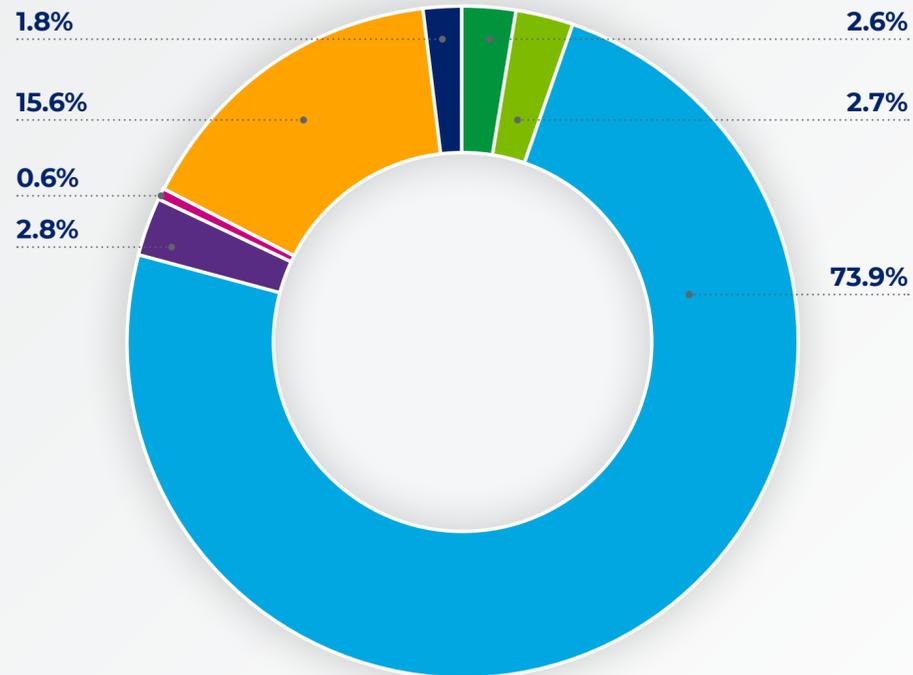
Achievements and performance (continued)



Financial Performance Graphic 1

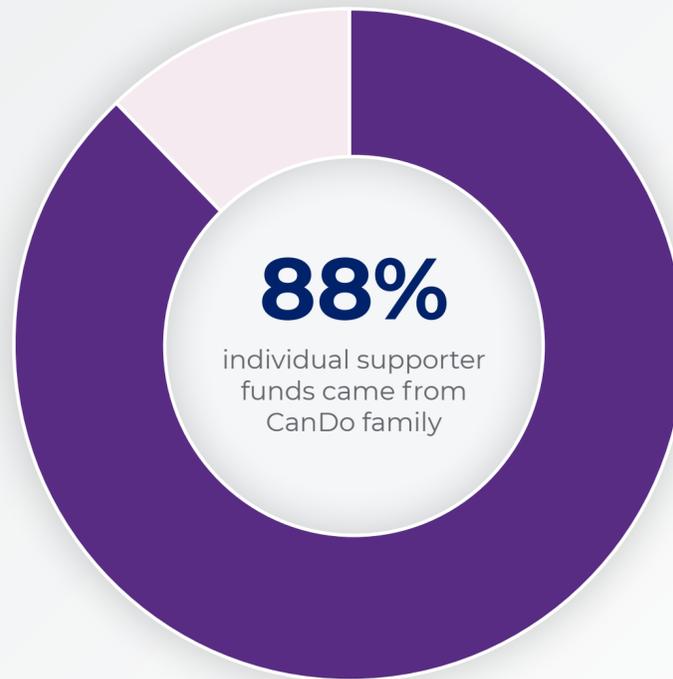
Income summary – ie %age of income allocated to

- National Bandana Day
- Grants
- Online Store
- Government funding
- Individual supporters
- Other
- Corporate support



Financial Performance Graphic 2

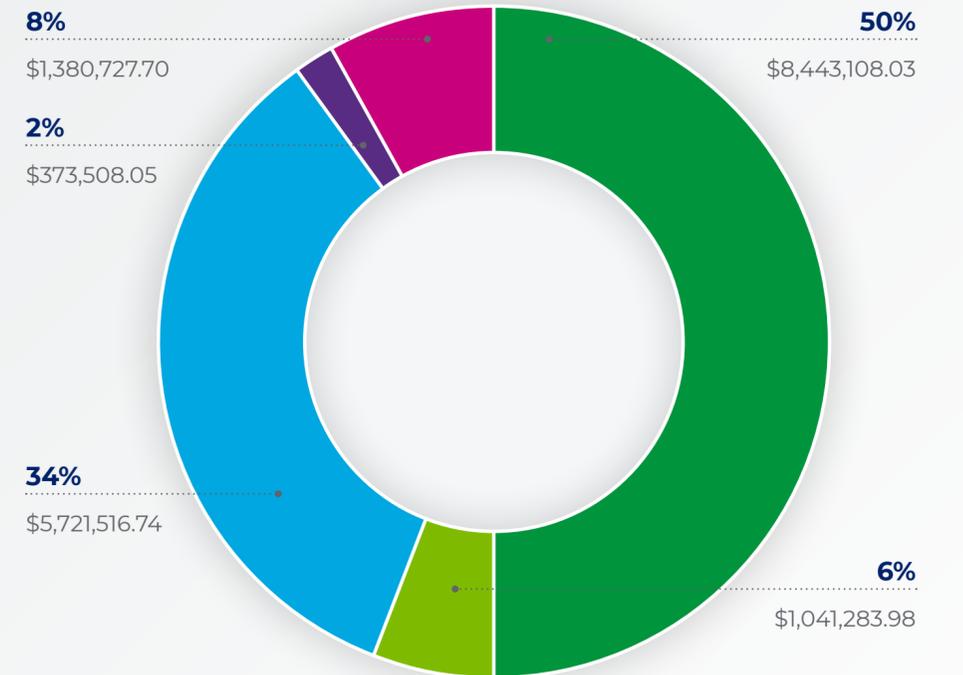
88% of the individual supporter funds coming in this year came from our generous CanDo family who give regular gifts every month.



Financial Performance Graphic 3

2021/22 Program Expenditure

- Support Programs & Services
- Clinical Trials
- Research
- Online Support Services
- Youth Cancer Services



Achievements and performance (continued)

IN THE LAST FINANCIAL YEAR

**8,731
individuals**

have signed up as part of our
Facebook challenges



**over
\$979,289 raised**

You might have seen last November the 100 sit-ups a day challenge #crunchesforcancer, raising **over \$368,000** and the 5km in a day in March challenge #cardiforcancer, raising **over \$611,000**, both smashing our targets.



**Over
\$177,000 raised**

This year's 22nd OnRoad event included 141 riders, 48 crew. This whole event is community led by volunteers with perhaps Canteen's biggest Community Champion, **Jenny Aramini** at the helm.



Sponsors

Thank you to key partners and sponsors

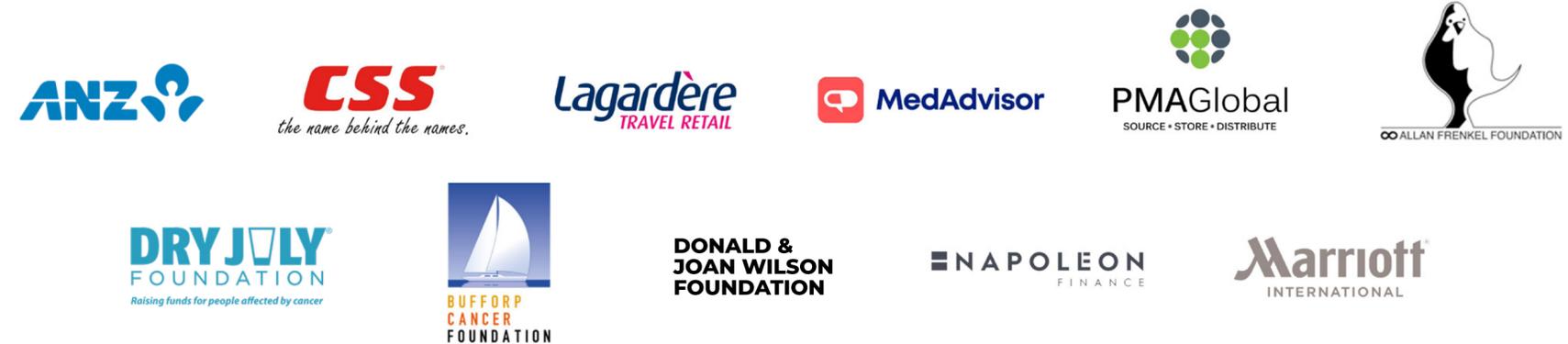
Principal Partners



Major Partners



Official Partners



Proudly Supporting and In-Kind Supporters

- | | | | |
|--|---|---------------------------|--------------|
| ANZ - Shout for Good | Canberra Southern Cross Club | Hilton | Pillow Talk |
| Arafura Aviation | Chad Hancock Cancer Foundation for Young Adults | My Money House | Ritchies |
| Australian Driver Trainers Association | Endeavour Energy | Mount Iza Mining Supplies | RMIT Online |
| Badenoch Real Estate | Egon Zehnder | On The Run | Seek Limited |
| Bartier Perry Lawyers | Foodworks | Panpacific Perth | Strandbags |
| BCX | Francesca | PayPal Giving | Westpac |



Strategic objectives (2021-2026)

Pillar 1 Treatment & Support



Ensure young people & families get the support they need, when and how they need it

Key Objective:
Support 32,000 families impacted by cancer

Pillar 2 Research & Policy



Our research will deliver new ways to improve young people's health & wellbeing

Key Objective:
Improve survival rates for young patients as well as mental health and wellbeing for all young people impacted by cancer

Pillar 3 Leadership



Enable young people to achieve their full potential

Key Objective:
Ensure young people's needs and voices are heard and their leadership skills developed

Pillar 4 Sustainability



Run an effective, efficient and accountable organisation

Key Objective:
Build organisational capability and strategic partnerships to increase impact or reduce costs

Diversity and Inclusion - increasing reach to high-needs groups

Innovation - leveraging medical, digital and technological advances

If you or someone you know needs our support, please reach out to us...

Follow us on:     

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 1800 835 932

www.canteen.org.au/contact-us

